corona | covid-19

How to prevent infection of coronavirus/covid-19

Wash your hands frequently or use hand sanitizer

Cough or sneeze into your elbow – not your hand

Avoid handshaking, kissing on the cheek or hugging – try to limit the physical contact

Be aware of cleaning – both at home and at your workplace

If you are a senior citizen or chronically ill, maintain a distance and ask others to show consideration

In case of symptoms of illness 14 days after coming home from an area with infection, or if you recently have been in close contact with a person infected with coronavirus/covid-19, **it is important that you call your own doctor, the emergency medical service or the emergency phone, before turning up at the doctor's. We recommend that you stay at home or in your hotel 14 days after your arrival.**

Symptoms of coronavirus

A dry cough

Fever

Breathing difficulties

coronasmitte.dk
Hotline: +45 7020 0233

DANISH HEALTH AUTHORITY

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It is important that you call your own doctor, the emergency medical service or the emergency phone, before you turn up at the doctor's.

Outside opening hours you have to call the emergency medical service in your own region.

North Jutland Region
Emergency medical service:
+45 9766 0255

Central Jutland Region
Emergency medical service:
+45 7011 3131

Copenhagen Capital Region
Emergency phone:
+45 1813

Southern Denmark Region
Emergency medical service:
+45 7011 0707

Zealand Region
Emergency medical service:
+45 7015 0700

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